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LEADERSHIP AND MANAGEMENT | LM-005

The Essentials of Leadership

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Course content

Why Attend

Why Choose The Essentials of Leadership Training Course?

The human tragedy and economic devastation that recent world events have bestowed on mankind, forces all to profoundly reflect on how we rebuild the future. In facing this challenge, the role of leadership has never been more critical to regenerate, repair and restore human sustainability.

Unpredictability, uncertainty and chaos have become the "new normal" in the leadership environment.

The 'New Normal' has reinforced our thinking that leadership is not solely concerned with immediacy, growth and profitability, rather in these unprecedented times it requires a broader perspective – a Long Eye and a Short Eye

This 'holistic approach" demands praxis, pragmatism and indeed 'prophecy' to embrace digital transformations, agility in action and innovatively inspiring. Whilst the traditional leadership qualities remain fundamental, dealing with crisis has emerged as an area for serious consideration for leadership to address.

In the new normal "crisis does not build leadership characteristics, rather it reveals the qualities that underpin it".

Join like-minded committed professionals on this intensive Essentials of Leadership training course to discuss, debate and reframe the way you vision leadership and rejuvenate your practice.

This The Essentials of Leadership training course will feature:

• Advanced psychometric evaluations of personal leadership style; their outcomes and indicators

• Holistic praxis: leadership to Inspire, innovate and build sustainability within the organisation

• Emotional Intelligent leadership to promote individual and organisation wellbeing

• Decision-making tools that create focused solutions to "what if "problems and crisis management

• Practical "Ideation" techniques to reframe outmoded business models to build the resilient enterprises of tomorrow.

What are the Goals?

Course content

Why Attend

By the end of This The Essentials of Leadership training course, participants will be able to:

• Select and apply pragmatic techniques to, build potential, collective commitment, innovation and approve decision making

• Review, reframe and enhance leadership strengths; adopt and applying new skills and practices to manage, unforeseen crises

• Appreciate diversity and utilise focused solutions techniques

• Build trust and personal credibility through focused communication, persuasion and influencing skills

• Demonstrate holistic leadership –that is agile, responsive and resilient to the needs of the organisation, its people, the wider society and the global environment

Who is this Training Course for?

This The Essentials of Leadership training course is suitable to a wide range of professionals but will greatly benefit:

• Former attendees of the Management Essentials programme

• Employees seeking to progress their career from current management roles

• HR professionals whose role involving coaching and support of leadership teams

• Senior leads charged with Change Management and crisis responsibilities

• Aspirational and 'high potential' employees seeking fast track career training

Course outline

Day One: Agility – the Norm

• Leadership Principles, Perceptions and Praxis: essential themes

• Changing Paradigms, New Demands and Enlightened Leadership

• The New Normal; changing environments, expectations and challenges

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- Leadership by "design", building agile, responsive and decisive leadership
- The Leader Within; innate qualities personality performance, style and outputs
- The External Environment; leading and navigating in turbulent times

Day Two: Leading Exceptional Performance

- The Leadership Management Debate. Do I Lead or Manage?
- What Leadership style does my organisation require?
- 360 Leadership; competence assessment, review and peer coaching
- Leading the focused agile team.: mission, vision values and SMARTER measures
- Communicating Organisational and clarifying team purpose
- Charismatic leaders and Storytelling: acknowledging success and lessons learned

Day Three: Leadership that Inspires

- Trust- the essential ingredient in the new normal
- Motivational leadership: the Emotionally Intelligent leaders
- Engagement and well-being: Scope, Support, Connection, Voice
- Diagnostic tools for organisational and team development
- Whole brain thinking divergent and convergent thinking
- Decision Making and the power of diverse thinking
- Collective wisdom, constructive dissent and innovative outcomes

Day Four: Leading an Innovative Culture

- Leading change and transition issues ingenuity and innovation
- Solution focused methodology: Accentuating the positive and the possibilities

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- Utilising soft system methodology for innovative insights into change
- Using Nature and multiple intelligences for creative outcomes
- Assessing culture and organisational creativity for agile responsiveness
- Entrepreneurial creativity. How creative am I?

Day Five: Leadership Priorities

- Global chaos: impact, learnings and responses
- Resilience, Well-being and Mindfulness: key people deliverables
- Planning for Crisis; beware the "black swans"
- Ethical leadership for sustainable organisations
- Reframing the Business Model Canvas to create value and sustainability
- Action planning for future improvement

Seminar dates

Available seminar dates

Live dates and pricing for The Essentials of Leadership generated from the course details page.

Date	Location	Format	Fee
17 - 21 August 2026	Kuala lumpur - Malaysia	Classroom	**€2,250.-**
21 - 25 September 2026	Barcelona - Spain	Classroom	**€3,850.-**
19 - 23 October 2026	London - U.K	Classroom	**€4,200.-**
2 - 6 November 2026	Munich - Germany	Classroom	**€3,450.-**
21 - 25 December 2026	Amsterdam - Netherlands	Classroom	**€4,250.-**

Live online option	Online delivery is available at €1,850.-.