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PLANNING AND STRATEGY MANAGEMENT | COURSE

# Building an Agile Mindset and Being Agile in the Workplace

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# Course content

## Why Attend

### Course Introduction

In today's rapidly evolving work environment, where cost-cutting and resource scarcity are prevalent, managing conflicting priorities and maintaining a work-life balance can be challenging. The pressure to stay motivated amidst setbacks, negative feedback, and tight deadlines, coupled with the need to meet rising expectations from both internal stakeholders and customers, can be overwhelming.

This Building an Agile Mindset and Being Agile in the Workplace training course is designed to help participants shift their mindset and attitude towards change, enabling them to proactively manage tasks, meet deadlines, and achieve team objectives. Through the course, you'll gain inspiration and motivation to build positive relationships, continuously improve your skills, and enhance career satisfaction. By developing these competencies, you'll foster active engagement and pave the way for sustainable success in a competitive landscape.

This training course will feature:

- The concept of agility
- The agility mindset and what it means
- Five different ways in which to be agile
- How to achieve organizational agility
- The essence of an agile leader

## Course Objectives

By the end of this training course, you will be able to:

- Understand the agile mindset and how it is used to grow
- Apply agile behaviours in your everyday tasks
- Identify your own weaknesses and to use feedback for personal transformation
- Effectively utilize the tools to inform and influence organizational agility
- Identify key stakeholders and how to build relationships that support agility



# Course content

## Course Objectives

- Motivate and engage employees to face challenges with positivity and dedication

## Who should Attend?

This training course is suitable to a wide range of professionals but will greatly benefit:

- Professionals who want to improve cross-functional collaboration
- Department heads, supervisors and managers leading others
- Professionals who have an interest in a leadership position
- Anyone who wants to achieve personal growth and learn new skills
- Decision makers who manage challenging tasks and strict deadlines
- Professionals who want to gain a competitive advantage in their career or industry

## Course outline

### Day One: Agility as a Concept

- Definition of "agility"
- Definition of a "mindset"
- The difference between being agile and doing agile
- The history of doing agile
- The benefits of being agile

### Day Two: Personal Agility

- How agile are you
- What are your core beliefs?
- Characteristics of a fixed mindset
- Characteristics of a growth mindset



# Course content

## Course outline

- Practical examples, case studies and role-play

### Day Three: Organisational Agility – Part I

- What is an agile organisation?
- What is holding organisations back
- What are the risks of being agile?
- The path to organizational agility
- Practical examples, case studies and brain storming

### Day Four: Organisational Agility – Part II

- Different ways in which to be agile
- Identifying opportunities for organizational growth
- How and why traditional projects fail
- Organisational barriers and how to overcome them
- How can agile behaviours be demonstrated
- Practical examples, case studies and brain storming

### Day Five: Be an Agile Leader

- Raising self-awareness: analyze past behaviours
- What is holding you back
- How do you break through?
- Characteristics of an agile leader
- Personal development plan
- Being part of the agile movement



# Course content



# Seminar dates

## Available seminar dates

Live dates and pricing for Building an Agile Mindset and Being Agile in the Workplace generated from the course details page.

Date	Location	Format	Fee
20 - 24 July 2026	London - U.K	Classroom	€4,200.-
3 - 7 August 2026	Munich - Germany	Classroom	€3,450.-
7 - 11 September 2026	Amsterdam - Netherlands	Classroom	€4,250.-
12 - 16 October 2026	Istanbul - Turkey	Classroom	€2,850.-
9 - 13 November 2026	Rome - Italy	Classroom	€4,250.-
14 - 18 December 2026	Istanbul - Turkey	Classroom	€2,850.-
6 - 10 July 2026	Frankfurt - Germany	Classroom	€3,250.-
10 - 14 August 2026	Barcelona - Spain	Classroom	€3,850.-
14 - 18 September 2026	Frankfurt - Germany	Classroom	€3,250.-
5 - 9 October 2026	Rome - Italy	Classroom	€4,250.-
16 - 20 November 2026	Kuala Lumpur - Malaysia	Classroom	€2,250.-
7 - 11 December 2026	Barcelona - Spain	Classroom	€3,850.-

### Live online option

Online delivery is available at €1,850.-.